

Tarot Reference Sheet

Tarot

Tarot will increase your natural intuitive ability. It works through your “clairs” and helps trigger right brain action. Think of a Rorschach Ink Blot Test or looking at a painting. “What do you see?” Tarot is a treasure-trove of myth, archetype, and ancient symbolism to connect you with your higher self.

The deck: Most decks consist of 78 cards: 22 Major Arcana and 56 Minor Arcana.

The Minor Arcana consists of four “suits”, just a like a deck of playing cards.

Tarot reflects the energies and cycles of human consciousness. It dates back to the 16th century with symbols and archetypes dating back to ancient Greece, Rome, Egypt, as well as early Jewish and Celtic origins.

Four Minor Arcana Suits:

Pentacles- (Earth) Represents grounding, strength, money, success issues.

Wands- (Fire) Represents passion, spiritual issues, creative endeavors, goals.

Cups- (Water) Represents love, emotional issues, passion, relationships.

Swords-(Air) Represents conflict, thought patterns, clarity, things to work on.

The Major Arcana Cards (My personal interpretation):

1. **The Fool:** Being blissfully naive
2. **Magician:** Using your gifts
3. **High Priestess:** Following signs from spirit
4. **Empress:** Creating a new cycle
5. **Emperor:** Ending an old cycle
6. **Hierophant:** Spiritual learning
7. **Lovers:** Partnership

8. **Chariot:** Determination and leadership
9. **Justice:** Creating balance
10. **Hermit:** Reflection and rest
11. **Wheel of Fortune:** Taking a chance
12. **Strength:** Drawing power from past experiences
13. **Hanged Man:** Stagnation
14. **Death:** Change
15. **Temperance:** Creating flow
16. **Devil:** Having a little too much fun
17. **Tower:** Huge earth-shattering event
18. **Star:** Connecting the dots
19. **Moon:** Shining light on a shadow
20. **Sun:** An astrological cycle
21. **Judgment:** Speaking your truth
22. **World:** Mastery

Tips and tricks:

- * Cleanse your cards between readings with sage, etc.
- * Always begin with a meditation or grounding exercise.
- * Let something catch your eye and ask yourself what this image reminds you of.
- * How does the image feel? Vibrant? Calm? Nervous? Creepy? Ecstatic? Warm? Cool? Freezing? Hot? Intellectual? Sexual? Loving? Angry?
- * Try making up a story about the image.
- * Go with your first thought. When you hesitate you're letting your left brain take over. There is no "right" or "wrong."
- * If you aren't getting anything, close your eyes, breathe and center yourself, and try again.